



“YHWH (God) is My Fortress” Lesson for Toddlers

This is the second (2nd) lesson plan in our series titled, “Little Ones Knowing YHWH.” Each of these studies is designed to help children age 18-24 months better understand the character & nature of YHWH (God) or which ever Holy Name you use).

This particular lesson is based on Psalm 18:1-2; 2 Samuel 22:33. In very simple language, it shows how YHWH (God) is our defenders and place of safety.

Bible Passage: Psalm 18:1-2; 2 Samuel 22:33

Bible Lesson Title: YHWH (God) is My Fortress

Target Age Group: Toddlers, age 18-24 months

Original Teaching Context: Toddler

Main Idea: YHWH (God) is our fortress. We run to Him, and He protects us.

Supplies: Bible, picture of fortress. See additional activities for other supplies and preparation.

With toddlers, you want to keep your lesson simple. If your child or class is able, get them to sit together on floor in front of you. Hold up your Bible.

SAY: The Bible is YHWH (God)’s Word. The Bible tells us YHWH (God) is our fortress. (Show them the picture of a fortress.)

SAY: YHWH (God) is our fortress. We run to Him, and He protects us. (Repeat three times.)

The following activities are designed to reinforce the simple Scripture truth, encourage their development, and engage their imaginations and creativity. Choose the ones that will work best for your classroom.

LEARNING ACTIVITIES:

FORT

SUPPLIES: Large cardboard box with cutout for door and windows. or chairs, blankets, and pillows.

SAY: I have made you a fortress. YHWH (God) is our fortress. We run to Him, and He protects us.

DO: Have the child(ren) stand on one side of the room and instruct them to run to the fort. (There needs to be plenty of space where the child can run safely.) If using the blankets and chairs, make it big enough to easily fit all of your toddlers.) Let them play in the fort , and repeat the main idea while they are playing.

UMBRELLA FUN

SUPPLIES: Several small umbrellas, spray bottle of water

DO: Open the umbrellas for your toddlers. Demonstrate how umbrellas can protect you from rain by having one teacher squirt the other with the spray bottle. The teacher can protect themselves by using the umbrella. Let the children have a turn using the umbrellas while you squirt them with small amounts of water.

SAY: Umbrellas protect us from rain, just like a fortress can protect us. YHWH (God) is our fortress. We run to Him, and He keeps protects us.



SUPPLIES: Blocks, baby dolls.

DO: Build a fortress out of blocks.

SAY: We need to keep the baby safe. Our fortress will keep the baby safe. Can you put the baby in the fortress? YHWH (God) is our fortress. We run to Him, and He keeps us safe. (Since the toddler(s) will probably love knocking down what you are building, repeat this as many times as you would like to help them learn the word fortress and that a fortress is used to protect.)

TOUCH AND FEEL

SUPPLIES: A very large rock, one that is too large for them to lift.

DO: Let them touch the rock. Discuss how it feels.

SAY: This rock is hard. It is strong. YHWH (God) is our rock and our fortress. He is stronger than this rock. We run to Him, and He protects us. (Repeat while they are feeling the rock. Make sure you put it out of their reach afterwards, and do not leave them unsupervised around the rock to prevent injuries.)

READ TOGETHER

SUPPLIES: Make a picture book with the words from Psalm 18:2 or 2 Samuel 22:33. Use the main idea for the last pages.

DO: Read it to your child(ren).

PILLOW COURSE

SUPPLIES: Pillows, enough to design a fun course (maze) for the child(ren) to follow through the room.

DO: Show the toddler(s) how to walk through the course. Discuss how pillows feel.

SAY: If we fall, these pillows keep us from getting hurt. YHWH (God) is our fortress. When we fall, He catches us. He keeps us safe. (Repeat as they play.)

Pray: Hold hands or bow your heads together (just demonstrate and ask them to do the same. Some may, most may just watch.) Say a short prayer like the following: Dear YHWH (God), you are our fortress. You protect us. Help us to run to you. We love you. Thank you for loving us. Amen.

We pray that this lesson will be a blessing to you and your children and that they will be a blessing to others.

If you have been blessed by this ministry, please consider donating to TORAH TOWN.

DONATIONS <https://paypal.me/TorahTown>

Please continue to keep us in your prayers as we continue to pray for you.

FACEBOOK: <https://facebook.com/TorahTown>

YOUTUBE: <https://youtube.com/TorahTown>

WEBSITE: <http://torahtown.xyz>