



## “YHWH is My Light” Lesson for Toddlers

This is the third (3<sup>rd</sup>) lesson plan in our series titled, “**Little Ones Knowing YHWH.**” Each of these studies is designed to help children age 18-24 months better understand the character & nature of YHWH (God) or which ever Holy Name you use).

This particular lesson is based on Psalm 18:28; 27:1. In very simple language, it shows how YHWH (God) can guide us and chase away fear.

**Bible Passage:** Psalm 18:28; 27:1

**Bible Lesson Title:** YHWH is My Light

**Target Age Group:** Toddlers, age 18-24 months

**Original Teaching Context:** Toddler

**Main Idea:** YHWH (God) is our Light. Do not be afraid! YHWH (God) chases away the darkness.

**Supplies:** Bible, Picture of the sun. See additional activities for other supplies and preparation.

### Lesson

With toddlers, you want to keep your lesson simple. If your class is able, get them to sit together on floor in front of you. Hold up your Bible.

**SAY:** The Bible is YHWH (God)’s Word. The Bible tells us YHWH (God) is our Light. Read the two short verses or choose one. (Hold up picture of the sun.)

**SAY:** YHWH (God) is our Light. Do not be afraid! YHWH (God) chases away the darkness. (Repeat three times.)

The following activities are designed to reinforce the simple Scripture truth, encourage their development, and engage their imaginations and creativity. Choose the ones that will work best for your classroom.

## LEARNING ACTIVITIES

### LIGHTS OUT

**SUPPLIES:** Flashlights, glow sticks

**DO:** Pass out the flashlights and/or glow sticks. Turn off the lights (if there are windows, you can turn them all off. If not, leave some light on to prevent tripping/falling and fear.) Let your child(ren) shine them around the room or wave them in the air. Discourage them from shining at each other.

**SAY:** Everywhere we point the light, the darkness goes away. YHWH (God) is our Light! He makes all darkness go away! (If you are using glow sticks, say something along these lines, “These glow sticks make a little light. YHWH (God) is the biggest Light. He is our Light! He makes all darkness go away!”)



## SEE AND LEARN

**SUPPLIES:** Pictures of each of the following: sun, moon and stars, lamp, flashlight, candle

**DO:** Hold up each picture and ask your child(ren) if they recognize it. If not, tell them what it is and describe what it does (ex. YHWH (God) made the sun. The sun gives us light so we can see in the day.).

**SAY:** YHWH (God) is our Light. We never have to be afraid because He chases away all darkness!

### Discover Light Sources

**SUPPLIES:** Sticky notes to label the light sources around your room (lamp, light switch, light bulb, flashlight, sun (sticky note on the window), candle)

**SAY:** Lots of things give us light! YHWH (God) is our Light. Do not be afraid! He chases away the darkness. Let's walk around the room and see what gives us light!

**DO:** Show them the different light sources. Turn them on and off to demonstrate how they work. Let them try. See if they can find the sticky notes around the classroom without your help. Ask them what each item is several times and see if they can learn a new word. This activity can also be done in an unstructured way. While the children are playing, you can simply point them to the sticky notes (one-on-one), describe them, and repeat the main idea.

## SING AND DANCE

**SUPPLIES:** Song, *This Little Light of Mine*, or one of your choosing.

**SAY:** YHWH (God) is our Light. Do not be afraid! He chases away the darkness. Let's sing about YHWH (God) being our Light!

**DO:** Turn on the song. Sing and dance to the music!

## PEEK-A-BOO

**SUPPLIES:** Blankets

**DO:** Play peek-a-boo. When the blanket is over their heads say, child's name "is in the dark!" When they lift the blanket away say, "Peek-a-Boo! YHWH (God) is child's name's Light! He chases away the darkness!"

## HIDE AND SEEK

**SUPPLIES:** Various toys from around the room, flashlights.

**DO:** Hide the toys in front of the children so they will not be too hard to find. Give your child(ren) a flashlight and turn off the lights (all of the lights if you have windows. If not, you want to keep a little light in the room so they are not afraid and to prevent tripping/falling.) Instruct them to look for each of the toys you hid with the flashlight. Help them look!

**SAY:** Everywhere we point the flashlight, the darkness goes away. The light helps us to see so we can find our toys. YHWH (God) is our Light! He makes all darkness go away! He helps us see all truth!

### Pray

Hold hands or bow your heads together. Say a short prayer like the following: Dear YHWH (God), you are our Light. We do not have to be afraid because you chase away all darkness. We love you! Thank you for loving us. Amen.



We pray that this lesson will be a blessing to you and your children and that they will be a blessing to others.

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